

Grafton Parish playing field news

The mini skateboard ramp will be installed in the playing field by the time this edition of the Community News arrives on your doorstep. It is safe and free to use but hopefully common sense will prevail and all visitors will match their abilities with the tricks they attempt on the ramp. It will be a good idea for parents or a delegated adult to oversee all the activities in the beginning.

There will be an official opening in a couple of weeks so look out for the posters. Pro-skaters will perform tricks and be available to answer questions and to demonstrate how to perform certain stunts.

Once again the Parish Council is indebted to Frank Silk and his team who worked so hard to prepare the site, to King Ramps for installing it and to Sunflowers at Grafton who have been so accommodating.

There will be signs containing a code of conduct for all users of the playing field.

Do please be respectful of the neighbours, take care and enjoy yourselves.

This is the second Parish Council initiative on the Playing Field following Wilton mini cricket. Piers DeWinton, Mike Hyslop, Nick Hebdon and Jonty Butler coached 25 children of the parish through May and June using the astro strip and it was a tremendous success. With other plans in development the PC really hope to make this field an area popular with the young and old of the Parish to enjoy outdoor pursuits and sports.

This is a quieter month, following all the preparations and activities involved with the games on The Green on 12 June for the Queen's birthday celebrations. Tractors successfully ferried many trailers full of participants, weather held off and Sunflowers did their usual magic for the children.

This issue shows how much activity there is now for the youngsters in the Parish. Most of these initiatives have been prompted by requests and enquiries from residents so do email news@grafftonparish.com if you have an idea for other age groups and we will pass it on to the relevant people.



Don't forget the Bag2School collection on Friday 15 July.

You could be in time if you complete your clear out in the sunshine when you get this issue of the Community News.



Food, Glorious Food ...

We are looking for a Housekeeper to join the team at Sunflowers. The role could be 28.5 hours per week to cover lunch and tea or 12.5 hours per week covering tea time only depending on your preference.

The role includes serving and clearing lunch, preparing, serving and clearing tea and responsibility for kitchen hygiene and cleanliness.

You need to be able to cook good food; have a keen interest in healthy food; be organised and able to work on your own initiative; and enjoy the company of children! Some catering or food background would be fantastic but not essential.

Rate of pay dependent on experience. Contact Alison on **01672 810478** or admin@sunflowers-grafton.co.uk for further details.

Sunflowers at Grafton is committed to Safeguarding and promoting the welfare of children. References, enhanced DBS checks and evidence of the right to work in the UK are essential.



Holiday club opens on Monday 25 July ...

The lovely long summer school holiday starts soon and we have some wonderful days out and activities for primary school children in The TreeHouse holiday club.

If you are looking for activities for your children, grandchildren, nieces and nephews or friends' children we've got something for everyone. Everything you need for excellent adventures all summer long.

We're completing as many Olympic sports as we can in the 2 Olympic weeks, there are trips to Westonbirt Arboretum, Braydon Maize Maze and the Hawk Conservancy plus a Street Dance workshop, Kaya Drums and wonderful 2-day Art and Conservation camps.

See www.sunflowers-grafton.org.uk for the full timetable or call us on **01672 810478** for information. Caution: some activities may cause extreme excitement.

June Pearson reports on the event in the Parish on 12 June

What a lovely party we had to celebrate the Queen's 90th birthday.

Thank you to everyone who made cakes for the tea-tent, created masterpieces for the art gallery, and volunteered to help.

.....To all the children... from marching Queen's guards, princesses on ponies, and African ladies and sports superstars representing countries from all over the Commonwealth who brightened an overcast day in the fancy dress parade.

Special thanks also to David Lemon, Tara Adamson, Bill Clemence, George Hosier and Gabby Walker for organising yet another very special and memorable event in our Parish.



By the time you read this colourful pizzas will have been demolished with gusto and clay models (with help from Heloise) will be adorning various homes after the 8 July session.

Please note the change of date from 2 August to 26 August for the Clay shooting and Laporte archery.

Exciting activities for the Summer Holidays . . .

- 8 August** *Sailing and paddle boarding @ South Cerney Outdoor centre* Cost is £30 or 4 Time Credits will pay for the trip
- 18 August** *Thorpe Park* Cost is £25 or 5 Time Credits will pay for the trip
- 26 August** *Clay shooting and Laporte archery, Upavon* Cost is £30 or 2 Time Credits will pay for the trip

Places are limited so you need to book your place as soon as possible. More information on these activities can be found on Pewsey Youth Group Facebook Page www.facebook.com/pewseyyouthgroup and on Community News Facebook page www.facebook.com/graftonparishcommunitynews.

Future Planning

Several parents have now joined the planning process for activities and a programme of activities is being planned for the next 6 months, including ideas for a cinema trip, an introduction to self-defence techniques, a theatre trip and lots more. Details will be available in the August edition of Community News.

Remember that any young people in the parish moving into secondary school in September will be eligible to join the Grafton Youth Activities Group so please get in touch so that we can add you to our distribution list.

If you have questions, want more details or would like to join in then please contact youthactivities@graftonparish.com and Annie on **07802 923344**

If you have suggestions on other trips and activities for the autumn or maybe some Saturday mornings please let us know and we can help you make them happen.



Our Doctor writes

Beware of tick bites and Lyme disease - the peak time is now. Most tick bites will not cause Lyme disease and if you remove a tick within 24 hours and it is not engorged, you are much less likely to develop Lyme disease, even if it was an infected tick.

In 90% cases Lyme disease presents as a circular red rash and you may also have flu-like symptoms and involvement of nerves (10% of patients) or heart (2%). If you develop symptoms following a tick bite a course of antibiotics for 2 weeks will treat the infection very effectively. In most cases, the infection does not progress any further, even without treatment, as the immune system clears the infection. Rarely, if untreated or inadequately treated, Lyme disease may progress several weeks or months after the initial infection to cause joint, nerve and heart problems.

To prevent a tick bite it is sensible to wear long sleeved clothes in forests, heathland, long grass or scrub areas and use insect repellent containing DEET. Check for ticks daily and if you find one remove by holding the tick as close to the skin as possible so that you have its mouth parts. If you are outdoors you can use your fingers covered by tissue paper, but if possible use tweezers. Pull gently without twisting as this reduces the risk of mouth parts detaching from the body. However do not worry if the head remains embedded as it does not increase the risk of infection and the tick will not re-grow (a myth). Your body will simply expel the part much like a splinter. Clean the area with water or a skin disinfectant as soon as you can.

There is a helpful information leaflet about Lyme disease on the patient.co.uk site.

Best wishes Dr Angela Paddon

Footsteps Podiatry Services

Tidworth Leisure Centre

07881 802386

katie@thepodiatrist.org.uk

- ⇒ All aspects of footcare undertaken
- ⇒ Nail Surgery
- ⇒ Biomechanical review inc plantar fasciitis, heel pain, metatarsalgia
- ⇒ Orthotics
- ⇒ Verrucae treatments

* Drop in appointments 9-2 term time excl Wednesday

* Evening and weekends can be arranged

* Home visits available for a fee



Advance notice

The Grafton Pop-Up Gallery
Saturday 17 and Sunday 18 September
at The Coronation Hall

**MANNINGFORD
CROFT**
PROPERTY SALES
AND LETTINGS
MACLAINE

Pewsey

Tel: **01672 564555**

Mark Chick/Simon Walker

Hungerford

Tel: **01488 684000**

Charlie Booker/Maryclare Prowse

Website: www.manningfordcroft.com

Local events and news outside this Parish

Brendoncare Garden Fete	Froxfield 23 July www.brendoncare.org.uk
Volunteers needed to support young people living in care	Wiltshire scheme Manager 07733 303124

News in brief

Safety event

Great Bedwyn is holding a Community Safety event on Sunday 18 September which will include lots of community groups and services providing you with information such as making your home or outbuildings more secure, dealing with doorstep callers, safety on the canal and lots of other safety related advice and information. It will be quite an event, with the Aldbourne Brass Band and refreshments. More information will follow.

Crofton Fund Raising

Crofton Beam Engines are running a raffle with all sorts of unusual prizes such as a 'Crofton Experience' and £100 of beer! Tickets are available at the Beam Engines and all profits are going towards the Boiler Appeal.

Pewsey Refurbishment

Plans for the Pewsey Health & Wellbeing Centre continue, with the planning applications submitted and the closure date set for September 2016. Alternative arrangements are being identified for the period when the centre is closed for the refurbishment. The new Centre will be open in Spring 2018. Anyone with an interest in helping to plan the new wheeled sports area at the Centre should contact Ros Griffiths – ros.griffiths@wiltshire.gov.uk.

Planning applications

We have had a request to include planning applications in the Community News. Due to the Planning Department timetable it is not always possible to include details in a timely manner for notifications to be made to Wiltshire. This month however there are 3 applications with closing dates between 25 and 28 July. Planning application details are available on www.planning.wiltshire.gov.uk/Northgate/PlanningExplorer/ApplicationSearch.aspx

16/04783/FUL – Manor Farm East Grafton
16/05370/FUL – Paddock House, Grafton Place
16/05468/FUL – 2 Batts Farmyard, Wilton

Bedwyn and Grafton Link Scheme

The scheme is always looking for volunteers to join the scheme and support local residents with transport, company and other activities. Contact **0771 700 6787** for more information

Local businesses

Please let us know by email to news@graftonparish.com if you wish to promote your business. You can enter a small advertisement in an issue or place a free "one line" contact entry on page 4. We are reliably informed that these details can result in successful introductions.

An acknowledgement

The family of the late Sheila Crees would like to thank all neighbours, friends and carers who have looked after and supported Sheila over the past few years. Your care was much appreciated and meant Sheila was able to remain in the home she so loved.

We also wish to thank Mrs Taylor, Mrs Lemon, Mrs Knowles and Mrs Hosier for providing and arranging the beautiful flowers in the church for Sheila's memorial service. As a keen gardener herself, Sheila would have loved them.


Please accept our apologies that this acknowledgement was not read at the service.

AREA SWEEP

CHIMNEY SWEEP

A PROFESSIONAL CHIMNEY SWEEP SERVICE
CLEAN RELIABLE BRUSH AND VACUUM
FULLY INSURED MANY YEARS EXPERIENCE

AGA'S
RAYBURNS
JETMASTERS
ALL OPEN FIRES
WOODBURNERS
NEST REMOVALS
OIL FIRED BOILERS
SWEEPING CERTIFICATES ISSUED
CAPS AND COWLS SUPPLIED AND FITTED



NACS

CALL DARREN
01635 569195/07900398678
areasweep@btinternet.com

Dates for your diary

All events take place in the Coronation Hall unless otherwise specified (contact details on page 4).
St N refers to St Nicholas' Church.

JULY

11	19.15	Parish Council meeting	
15	09.00	Bag2School collection	<i>Sunflowers</i>
17	11.00	Holy Communion	<i>St N</i>
24	16.00	Family Worship	<i>St N</i>

AUGUST

05	11.55	Mobile Library	
08		Youth Activities	
18		Youth Activities	
21	11.30	Baptism	<i>St N</i>
26		Youth Activities	

Visit www.savernaketeam.org.uk for information on all the services at St Nicholas' Church.



Please contact Patricia Knowles on **01672 810072** if you can spare some time to join the St Nicholas' cleaning or flower arranging rota. The team is very friendly and the jobs are not very onerous!

email news@graftonparish.com with contributions for the Community News.
Deadline for the next issue Friday 5 August
Editorial rights reserved.

MONDAY

CIRCUIT & FITNESS	 Henrietta MacKinnon	09:15 to 10:15 Monday
YOGA		11:00 to 12:30 Monday

TUESDAY

 ZUMBA		09:30 to 10:30 Tuesday
YOGA		19:30 to 21:00 Tuesday

WEDNESDAY

CIRCUIT & FITNESS	 Henrietta MacKinnon	09:15 to 10:15 Wednesday
------------------------------	---	--------------------------



C.A.P Dance & Fitness

Various classes for all ages between 15:30 and 19:00

THURSDAY

 GRAFTON GOSSLINGS		Baby and toddler group 10:00 to 11:30 Thursday 6.45pm and 7.45pm Thursday
---	--	--

sociable dog

FRIDAY

Mobile library at the Coronation Hall
05 August 11.55am to 12.25pm

 pilates <i>by nature</i>		09:30 to 10:30 Friday 10:45 to 11:45 Friday Beginners and gentle work
KARATE CLASS		Children only 16:30 to 17:00

Useful contacts

Societies/Clubs/Organisations: 1 line free entry

Church flowers/clean	01672 810072 Patricia Knowles
Circuit/fitness Training	01672 810266 Hen Mackinnon
Community News	news@graftonparish.com
Coronation Hall	07479 281809 hall@graftonparish.com
County Councillor	01672 810285 Stuart Wheeler
Cricket Club	wiltoncc@yahoo.co.uk
Crofton beam engines	www.croftonbeamengines.org
Dance and Fitness	07746 479345 Charlotte Price
Dog training - sociable	07779 100079 Simon Wooler
Grafton Goslings	graftongoslings@yahoo.co.uk
Horticultural Society	01672 810364 Marijke Craig
Junior cricket club	pdewinton@savills.com
Karate	07775 510143 Darren Pettifer
Link Scheme	0771 7006787
Member of Parliament	01380 729358 Claire Perry
Parish Council	clerk@graftonparish.com 01672 811335
PCC Secretary	01672 870266 Millie Lemon
Pilates	07769 580148 Tracey Rich
Police emergency	999 or 112
Police non emergency	101 Jonathan Mills
Salt/sand bags	07910 637 634 David Lemon
St Nicholas' church	www.savernaketeam.org.uk
Sunflowers at Grafton	01672 810478 Lyndsey Turner
Wiltshire Good Neighbours	07557 110418
Windmill Society	secretary@wiltonwindmill.co.uk
Winter Warmers	01264 731242 Liz Hosier
Yoga	01672 841553 Lizzy Hawnt
Zumba	01672 484464 Joanna Bury

Local commercial listing

B&B West Grafton	Angie Orsich	01672 810339
Baby sitting/odd jobs	Tom Nield	01672 870196
Builder	Sam Sanchez	07887 991249
Builder & roofing	Dan and Co	07936 586228
Cake making	www.faysfairycakes.co.uk	
Car washing	wiltonwashers@gmail.com	
Disco and Karaoke	Pete Vallis	01672 811326
Disco and Party	Steve	01672 811109
Dog training/walking	Carrie Holborow	07546 941709
Double glazing repairs	David Willcocks	01672 811979
Furniture	Holgate & Pack	01672 870887
Gardening	Sue Upham	01672 810526
Grafton Garage	Tony Gilbert	07845 006890
Hair and Beauty	Katherine Le Bon	07770 945307
Hat Hire	Victoria Frost	01672 810386
Homeopathy	Emma H-Byass	07540 773531
Logs/tree surgeon	Jeremy Hawkins	07980 536156
Painting & Decorating	Neil Anderson	01264 731362
Party/Celebration Cakes	www.nattiesbakesandbites.co.uk	
Pest Control	Julie Wilson	01672 811479
Printing clothing/signs	www.SCSigns.co.uk	
Swan Inn	Bill Clemence	01672 870274

Printed by RIDGEWAY PRESS www.ridgewaypress.co.uk
Email info@ridgewaypress.co.uk Tel 01256 300420

Advertising rates per issue:

Business based in the Parish: 1 line listing – Free
Business based outside the Parish: 1 line – £1/issue £10/pa
For larger adverts: 1/12 page £5 1/6 page £10 1/4 page £15

David Willcocks

Repairs to Double-Glazed windows, doors and conservatories, sealed-units, hinges, handles, locks, letterboxes, leaking conservatory roofs, doors and windows that will not open or close properly.

Tel. 01672 811979 Mob 07966 216629

e-mail david.willcocks566@gmail.com

Amanda Marsh Physiotherapy at Marlborough Golf Club

Specialist Physiotherapist and Sports Massage Therapist

We assess, diagnose, treat and care for your health

Free parking, daily sessions, early 'til late

Call us **07958 599716**

info@amandamarshphysiotherapy.co.uk

www.amandamarshphysiotherapy.co.uk



White Mulberry Soft Furnishings

Hand-made roman blinds and curtains

Made to measure wooden venetian and roller blinds

Co-ordinating cushions, pelmets and tiebacks

Curtain alterations

www.whitemulberry.co.uk for a free quotation

Please contact Ceri Cliss on 07780 688566

or email info@whitemulberry.co.uk

Jason Lewis Carpenter

Carpentry & Maintenance

All building work undertaken, painting, tiling, all types of locks, kitchens, home improvements, plastic doors & windows, general maintenance.

References available on request.

07990 512342 Jasonlewis08@aol.com



The Bowen Technique is a non-invasive, hands-on, gentle, soft tissue therapy triggering the body to repair itself, restore balance and improve structural integrity resulting in pain relief, improvement of function and wellbeing.

Jemma Jones BSc (Hons) Human Anatomy, BSc (Hons) Physiotherapy, Cert. ECBS

Tel: **07748 987 109** Email:

info@jemmajonesbowen.co.uk

www.jemmajonesbowen.co.uk

www.thebowentechnique.com

It treats a variety of conditions including:

Back and Neck pain,	Migraines	Lymphatic Drainage	Whiplash
Sciatic pain	Knee Injuries/problems	Fertility Problems	Stress, Anxiety
Ante and Postnatal musculoskeletal problems	Frozen Shoulder	Period Pains	Hayfever
RSI, Tennis Elbow, Carpal Tunnel	IBS, Constipation		
Respiratory Problems			



Carpet Clean - Ricky Flint

Friendly local service based at Great Bedwyn
Professional work at sensible prices. Call for no obligation quote

07799 215837 or **01672 871414**