

## COMMUNITY NEWS



**Saturday 17 September 10am to 9pm**

**Sunday 18 September 10am to 4pm**

at the Coronation Hall

**Showcasing a catalogue of inspirational exhibits by professional and amateur artists, from Wiltshire and surrounding counties.**

Our welcoming Café offers a range of beverages and delicious homemade cakes and snacks.

Wine and nibbles available from noon.

All proceeds to go to The Trussell Trust Charity.

Admission and parking is free (charity donations welcome)



### Why everyone should know how to use a defibrillator ...My story

After five glorious days in Copenhagen my travelling companion collapsed from a massive heart attack at Bristol Airport. Her heart stopped beating and she stopped breathing. Luckily a fellow passenger, a GP, was on the scene within seconds and relentlessly gave CPR until the defibrillator arrived. After 3 electric shocks her organs started to function and eventually she regained consciousness.

I have never felt so relieved and yet so helpless. At home I knew roughly where my nearest de fib is located and have never bothered to learn about CPR. My relief was twofold, most importantly my friend is alive and secondly her attack didn't happen while we were away, where she was dependant on me and expert help wasn't available. I vowed to make sure in the future I'd be able help others in similar situations.

I'll be on the next de fib training available. Shalbourne community fund have kindly lent me 'Annie' (the dummy) and the training defibrillator so I can learn at home what it feels like. I don't want to ever experience that feeling of helplessness again - join me and make sure it doesn't happen to you.

My friend was the fifth person at Bristol airport that week to have CPR and the defibrillator. She was the only one to survive - without the GP intervention and the amazing support from the teams at Bristol and ambulance service her story would be different. Timing and knowledge saved her life.

### **Be aware**

On 18 September all the emergency services which support our area will be holding a demonstration day to provide information and entertainment. Participating organisations include Wiltshire Police, Community Safety, British Rail Transport Police, Wiltshire and Dorset Fire Service, Radio Wiltshire, Aldbourne Brass Band, British Horse Society, NFU, St John's Ambulance Training, Wiltshire Wildlife Hospital, Wiltshire Wild Life Trust, Swindon Young Drivers Self Testing. Side shows and competitions are included too!

Starting at noon on 18 September at Gt Bedwyn village hall, hay meadow and cricket club with free entrance and car parking.

This issue must, sadly, warn you about crimes being committed in our area. Recently there have been several incidents where tools have been taken from vehicles, rogue phone calls have been received asking for bank details and callers have taken a "quick picking" whilst distracting homeowners. Do be vigilant and do inform the police as soon as you can.

On a positive note our local Community Police Officer reports that several criminals have been apprehended following incidents in our area. On 18 September Great Bedwyn is hosting an event of music and information to help everyone to protect themselves. See the **Be aware** details on this page.

Everyone is invited to the Parish Council meeting on 5 September.



**heritage open days**

**WILTON WINDMILL**

**Sunday 11<sup>th</sup> September  
2 till 5pm**

Free tours of the Windmill, teas & cakes, ice creams and Windmill flour for sale. Plenty of games to keep children entertained. Come and see one of your greatest local tourist attractions, bring a picnic, walk the dog, drive up in your classic car or on horseback! [www.wiltonwindmill.co.uk](http://www.wiltonwindmill.co.uk)

## GOVERNORS WANTED

### GREAT BEDWYN CE PRIMARY SCHOOL

Great Bedwyn CE Primary School Governing Body is looking to appoint Co-opted Governors.

More information about the school can be found at [www.greatbedwynprimarieschool.co.uk](http://www.greatbedwynprimarieschool.co.uk)



Governors play an important part in school life and being a Governor is an opportunity for someone from the community to become involved with Great Bedwyn CE Primary school. Governors are expected to come into School on a regular basis and spend time with staff and pupils and are therefore expected to be available on occasion during the school day as well as for evening meetings.

The Governing Body meets six times a year and Governors also serve on one of two committees which also meet six times per year.

At this time, the Governing Body is seeking someone **who is not a parent**; has the ability to analyse and review complex issues objectively; has experience of professional leadership and preferably has HR experience/knowledge to complement the skills of those already involved. The ability to offer a strategic view would be an advantage. There is no need for specific educational knowledge or background but an interest in education and a desire to make a positive contribution to the school and the community it serves are essential.

To find out more or to obtain an application form, please contact Nicola Williams, Head Teacher **01672 870482**; email [head@greatbedwyn.wilts.sch.uk](mailto:head@greatbedwyn.wilts.sch.uk)



### Youth Activities moves into its second year

We're half way through the Summer holidays. Are you at a loose end? If so we've still got places available for trips to Thorpe Park and a day shooting. More information on available on [www.facebook.com/pewseyyouthgroup](http://www.facebook.com/pewseyyouthgroup)

The skate ramp is now up and running. It's already getting lots of interest and use and we have an official Half Pipe Opening Ceremony on **27 August, 1.30pm – 4.30pm**. Bring your friends. Workshops for all levels of experience. Music, BBQ and drinks. See poster for details and you can earn time credits too.

**18 August - Thorpe Park**

Cost is £25 or 5 Time Credits will pay for trip.

**26 August - Clay shooting and Laporte archery, Upavon**

Cost is £30 or 2 Time Credits will pay for the trip.

#### Autumn Plans so far. . .

**23 September**

trip to the cinema and pizza

**October**

fundraising activity for a zip wire on the playing field

**18 November**

introduction to some self-defence techniques

**30 November**

glass painting and other Christmas activities

**Week /commencing 4 December**

trip to see Billy Elliot @ Dauntsey's School

If you know young people moving into Year 7 this September tell the about youth activities and get them to come along. ***If you have suggestions on other trips and activities for the autumn or maybe some Saturday mornings please let us know and we can help you make them happen.*** If you have questions, want more details or would like to join in then please contact [youthactivities@graftonparish.com](mailto:youthactivities@graftonparish.com) and Annie on **07802 923344**



CARVE  
GRIND AIR  
BANK BIGFLIP  
CURB CUT  
KICKFLIP HARDFLIP  
OLLIE NOLLIE  
NOESLIDE

**OPENING OF SKATEBOARD RAMP  
27th AUGUST 1.30-4.30pm  
EAST GRAFTON PLAYING FIELD**

SEE PROFESSIONAL BOARDERS SKILLS

JOIN A WORKSHOP...ALL AGES AND EXPERIENCE

FOOD AND DRINKS AVAILABLE profits to go towards zip-wire on playing field

Parish Council Initiative supported by Pewsey Area Board



### Natties Bakes & Bites

If you are looking for a celebration cake, please get in touch. Be it for a birthday, wedding, anniversary or christening, all cakes are freshly baked and decorated just for you. Contact me at:

Email: [cakes@nattiesbakesandbites.co.uk](mailto:cakes@nattiesbakesandbites.co.uk)

Call: 07711 373688

Surf: [www.nattiesbakesandbites.co.uk](http://www.nattiesbakesandbites.co.uk)

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Charlie Booker/Maryclare Prowse

Website: [www.manningfordcroft.com](http://www.manningfordcroft.com)

### Our Doctor writes

This month the full text from Dr Paddon will be on the [graftonparish.com](http://graftonparish.com) website - here is an extract.

Hopefully we have not seen the last of the sun this summer and so I thought I would write about staying safe in the sun and how to minimise the risks and maximise the benefits of sunlight exposure. However the greatest risk factor for developing a skin cancer is from sunburn.

Malignant melanoma risk increases regardless of whether sunburn occurred in childhood or adulthood, whereas with other types of skin cancers, the risk is higher in people with a history of sunburn in childhood. Risks which may not be readily considered include:

- Reflection off surfaces such as sand, water, concrete, snow and even if there is cloud cover you are still at risk of burning and you are if you sit next to a closed sunny window. Harmful UVA penetrates glass (although more weakly than direct exposure) and exposure over long periods of will cause skin damage
- Skin type and your occupation also affect the potential risks and benefits. Some medicines increase your risk of burning - the antibiotics Lymecycline used to treat acne and doxycycline (sinusitis and chest infections), anti-inflammatory pain killers such as ibuprofen (nurofen) and naproxen, and amiodarone, a heart medicine, are the most common.

But Vitamin D is essential for healthy bones, and we get most of ours from sunlight exposure. Vitamin D helps the body absorb calcium and phosphorus from our diet, which are important minerals for healthy bones and teeth. Most people in the UK can make enough vitamin D from being out in the sun daily for 10 to 15 minutes with their forearms, hands or lower legs uncovered and without sunscreen from March to October, especially from 11am to 3pm. This is less than the time it takes to start to burn. Although people with darker skin will need to spend longer in the sun to produce the same amount of vitamin D.

Best wishes. Dr Angela Paddon

## News in brief

### Wexcombe donates to Barnardo's charity

Robin Arkell collected £120 for Barnardo's around Wexcombe and was amazed by the generosity of our little hamlet. Robin says "Thank you everyone who contributed to this very worthy cause."

### Marten to get speed limit - At last..

After many years of perseverance the Parish Council is pleased to announce that we have been successful in our efforts to have the speed limit for Marten reduced from its current national speed limit of 60mph.

The new speed limit will be set at 40mph and this will be implemented over the next 12 months. The stretch of road from the A338 to the entrance to Marten will also be reduced to 50mph from its current national speed limit level.

Efforts to reduce/control the speeds in the remainder of the parish continue of course.

### Community Speed Watch Update

CSW ran two sessions recently in East Grafton and PC Teresa Herbert was available to attend and support one of them. A total of 23 drivers were logged for speeding over the 30mph limit through the village and their details have been passed onto Wiltshire Police CSW Group. PC Teresa Herbert also stopped 1 motorbike rider and 4 car drivers to speak to them regarding their speeding. If you would like to get involved in the CSW, please get in contact with the Parish Council by emailing [clerk@graftonparish.com](mailto:clerk@graftonparish.com)

### Connect2 Wiltshire Bus Service

There is a new timetable for the Connect2 service from 8 August which has come about because of the time changes at Pewsey Vale School. Suggestions from passengers have also been incorporated where possible and there is now an afternoon request service to East and West Grafton on weekdays as a result. You can get the new timetable from Marr Green Farm Shop in Burbage or online at [www.pewseycap.org.uk/new-pewsey-devizes-pewsey-vale-bus-timetables](http://www.pewseycap.org.uk/new-pewsey-devizes-pewsey-vale-bus-timetables)

### Connect2 is looking for bus drivers

Vacancies for drivers with PVC and CPC. Call Henry Foot **07867 141337**

### Gazebo Hire

Coronation Hall has four 3x6m gazebos for hire within the Parish. If you have an event where you need a gazebo, please contact [hall@graftonparish.com](mailto:hall@graftonparish.com) for details/availability. These are not small or light gazebos so will need two people to handle each one and a vehicle that can fit them.

### A quick update on Everleigh

The Pewsey Community Area Partnership (PCAP) is continuing to investigate the plans for the future of Everleigh Household Recycling Centre. Parishes in the Pewsey Community Area are supporting this work as it is likely that should Everleigh close, other sites are likely to follow – do not assume that if you use alternative facilities in surrounding locations that they are safe from closure. The data that has been presented so far is incomplete and questions remain unanswered. As no Wiltshire Council officer was able to attend the recent PCAP meeting, another opportunity to meet is being organised. Watch this space!

### Crofton Beam Engines

Come and join Crofton's Boiler Bears Picnic on Sunday 14 August 11am until 14.30hrs —more details on [www.croftonbeamengines.org](http://www.croftonbeamengines.org)

## Footsteps Podiatry Services

Tidworth Leisure Centre

**07881 802386**

[katie@thepodiatrist.org.uk](mailto:katie@thepodiatrist.org.uk)

- ⇒ All aspects of footcare undertaken
- ⇒ Nail Surgery
- ⇒ Biomechanical review inc plantar fasciitis, heel pain, metatarsalgia
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\* Drop in appointments 9-2 term time excl Wednesday

\* Evening and weekends can be arranged

\* Home visits available for a fee



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[areasweep@btinternet.com](mailto:areasweep@btinternet.com)

## Dates for your diary

All events take place in the Coronation Hall unless otherwise specified (contact details on page 4).

St N refers to St Nicholas' Church.

### AUGUST

14	11.00	Boiler bear's picnic	Crofton
18		Youth Activities	
21	11.30	Baptism	St N
26		Youth Activities	
27	13.30	Skateboard ramp opens	Playing field

### SEPTEMBER

04	11.00	Holy Communion	St N
05	19.15	Parish Council meeting	
11	14.00	Heritage open day	Wilton Windmill
11	18.00	Evensong	St N
17	10.00	Pop-Up Gallery	
18	10.00	Pop-Up Gallery	
18	11.00	Holy Communion	St N
18	12.00	Awareness & fun day	Bedwyn
23		Youth Activities	
25	16.00	Family Worship	St N

Harvest Festival will be at 11am on 2 October with the traditional Harvest Supper on Tuesday 4 October at The Thatched Barn, Manor Farm, Wilton. More details in the September issue.

Visit [www.savernaketeam.org.uk](http://www.savernaketeam.org.uk) for information on all the services at St Nicholas' Church.

email [news@graftonparish.com](mailto:news@graftonparish.com) with contributions for the Community News.  
Deadline for the next issue Friday 2 September  
Editorial rights reserved.

### MONDAY

#### YOGA



11:00 to 12:30 Monday

### TUESDAY



#### ZUMBA

09:30 to 10:30 Tuesday

#### YOGA



19:30 to 21:00 Tuesday

### WEDNESDAY

#### CIRCUIT & FITNESS

Henrietta MacKinnon

09:15 to 10:15 Wednesday



## C.A.P. Dance & Fitness

Various classes for all ages between 15:30 and 19:00

### THURSDAY



Baby and toddler group  
10:00 to 11:30 Thursday

## sociable dog

6.45pm and 7.45pm  
Thursday

### FRIDAY

Mobile library at the Coronation Hall  
02 and 30 September 11.55am to 12.25pm



09:30 to 10:30 Friday

10:45 to 11:45 Friday  
Beginners and gentle work

## KARATE CLASS

Children only 16:30 to 17:00

## Useful contacts

Societies/Clubs/Organisations: 1 line free entry

Church flowers/clean	01672 810072 Patricia Knowles
Circuit/fitness Training	01672 810266 Hen Mackinnon
Community News	news@graftonparish.com
Coronation Hall	07479 281809 hall@graftonparish.com
County Councillor	01672 810285 Stuart Wheeler
Cricket Club	wiltoncc@yahoo.co.uk
Crofton beam engines	www.croftonbeamengines.org
Dance and Fitness	07746 479345 Charlotte Price
Dog training - sociable	07779 100079 Simon Wooler
Grafton Goslings	graftongoslings@yahoo.co.uk
Horticultural Society	01672 810364 Marijke Craig
Junior cricket club	pdewinton@savills.com
Karate	07775 510143 Darren Pettifer
Link Scheme	0771 7006787
Member of Parliament	01380 729358 Claire Perry
Parish Council	clerk@graftonparish.com 01672 811335
PCC Secretary	01672 870266 Millie Lemon
Pilates	07769 580148 Tracey Rich
Police emergency	999 or 112
Police non emergency	101 Jonathan Mills
Salt/sand bags	07910 637 634 David Lemon
St Nicholas' church	www.savernaketeam.org.uk
Sunflowers at Grafton	01672 810478 Julie McLernon
Wiltshire Good Neighbours	07557 110418
Windmill Society	secretary@wiltonwindmill.co.uk
Winter Warmers	01264 731242 Liz Hosier
Yoga	01672 841553 Lizzy Hawnt
Zumba	01672 484464 Joanna Bury

### Local commercial listing

B&B West Grafton	Angie Orsich	01672 810339
Baby sitting/odd jobs	Tom Nield	01672 870196
Builder	Sam Sanchez	07887 991249
Builder & roofing	Dan and Co	07936 586228
Cake making	www.faysfairycakes.co.uk	
Car washing	wiltonwashers@gmail.com	
Celebration Cakes	www.nattiesbakesandbites.co.uk	
Disco and Karaoke	Pete Vallis	01672 811326
Disco and Party	Steve	01672 811109
Dog training/walking	Carrie Holborow	07546 941709
Double glazing repairs	David Willcocks	01672 811979
Furniture	Holgate & Pack	01672 870887
Gardening	Sue Upham	01672 810526
Grafton Garage	Tony Gilbert	07845 006890
Hair and Beauty	Katherine Le Bon	07770 945307
Hat Hire	Victoria Frost	01672 810386
Homeopathy	Emma H-Byass	07540 773531
Logs/tree surgeon	Jeremy Hawkins	07980 536156
Painting & Decorating	Neil Anderson	01264 731362
Pest Control	Julie Wilson	01672 811479
Printing clothing/signs	www.SCSigns.co.uk	
Swan Inn	Bill Clemence	01672 870274

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### Advertising rates per issue:

Business based in the Parish: 1 line listing – Free  
Business based outside the Parish: 1 line – £1/issue £10/pa  
For larger adverts: 1/12 page £5 1/6 page £10 1/4 page £15

## David Willcocks

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e-mail [david.willcocks566@gmail.com](mailto:david.willcocks566@gmail.com)

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[info@amandamarshphysiotherapy.co.uk](mailto:info@amandamarshphysiotherapy.co.uk)

[www.amandamarshphysiotherapy.co.uk](http://www.amandamarshphysiotherapy.co.uk)



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Please contact Ceri Cliss on 07780 688566

or email [info@whitemulberry.co.uk](mailto:info@whitemulberry.co.uk)

## Jason Lewis Carpenter

### Carpentry & Maintenance

All building work undertaken, painting, tiling, all types of locks, kitchens, home improvements, plastic doors & windows, general maintenance.

References available on request.

07990 512342 [Jasonlewis08@aol.com](mailto:Jasonlewis08@aol.com)



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Jemma Jones BSc (Hons) Human Anatomy, BSc (Hons) Physiotherapy, Cert. ECBS

Tel: 07748 987 109 Email:

[info@jemmajonesbowen.co.uk](mailto:info@jemmajonesbowen.co.uk)

[www.jemmajonesbowen.co.uk](http://www.jemmajonesbowen.co.uk)

[www.thebowentechnique.com](http://www.thebowentechnique.com)

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